

Scene # ____
Honouring The Cycles Of Life
Theme: Birth and Death
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Summary: In Nature, three family members gather to usher in a new life with the support of a Birthworker. While life is filled with obstacles, vibrant family love, and self-trust, Nature offers serenity as a grounding backdrop for change. Length: 10 minutes

Characters: Three melanated family members in relationship to the new baby accompanied by a birthworker.

Grampa is a male grandparent, 67-80 years old, who uses a mobility aide

Aunt is a trans women, older sibling to Genderqueer Parent who can be differently abled

Genderqueer Parent is 33 years old, giving birth, has a non-binary gender and can be differently abled

Birthworker is 30+ years old, any gender except cis-male and can be differently abled

Script Character
(directions) Dialogue

GRAMPA

(slowly enters, sitting on the tree stump with a back, lowers head and begins to nap)

AUNT

(rushes in clearing a path and placing a bag on the table)

PARENT

(enters with Birthworker supporting their body, heaving in labour)

Birthworker

(coaching) Oh yeah. Keep breathing. Send all that energy down, out your pelvis.

(lowers parent directly upon the Earth butt first)

AUNT

(knelling wakes GRAMPA with soft words) Hansom. How did you find out we choose this meadow for the birth?

GRAMPA

(slowly rolls lips, holding them together tightly)

AUNT

(touching his lips gingerly) Your lips are sealed, huh!

(holding his hands sincerely) Thank you for always showing up. You are a fierce presence in our lives.

(motioning to PARENT) We love you!

PARENT

(flashes a “thumbs up” in between heavy breathing)

AUNT

(hugs GRAMPA)

Birthworker
(begins pondering) Humm...

AUNT
(kisses GRAMPA on cheek and joins PARENT giving birth)
(Gazing into the genitals of PARENT) What is that?

Birthworker
(with poise) The baby is coming out arm first
(to PARENT) You want to continue this birth in this location?

PARENT
(nods yes with clenched teeth and motions to AUNT to come closer)

AUNT
(Helps PARENT to squat position)

Birthworker
(moving towards table) I need a few different tools
(rummages through bag and returns to PARENT with supplies)

PARENT
(continuing to grasp AUNT's hand as a curled up fist emerges from their womb) The baby is coming!!

AUNT
(attentive) More like fist first

AUNT
(raising her other hand into a fist mimicking the baby)

GRAMPA
(slowly raising his hand into a fist mimicking the baby)

PARENT
(with deep moans, releases AUNT and begins clutching the Earth)

Birthworker
(lowers PARENT back onto their back as baby shoulders emerge)

AUNT
(close by exclaiming as the rest of the baby is birthed into the world)

Birthworker
(catches and wraps baby then places in PARENT's arms)

PARENT
(after some kisses and verbal greetings) Bring them to GRAMPA

AUNT

(takes baby to GRAMPA. Cooing touches GRAMPAs shoulder) This is the newest member of
our community

(smiles big to GRAMPA) Want to hold the baby?

(waits inquisitively. Still holding baby, takes GRAMPAs hand and holds tenderly. addressing others)

He has no pulse.

(leaning into GRAMPA) We have much to celebrate.

This is an excerpt vignette from an un-produced full-length musical called “Grow Together”, a
collection of multi-medium performances.